



Yagoy | 85-Hour Prenatal Teacher Training

Enrolment Procedure | April 2025

Welcome to our Pre- and Postnatal Yoga Teacher Training! We're excited to guide you on this journey as you learn to support students through the transformative stages of pregnancy and postpartum recovery. This training offers a deep dive into the science and lived experiences behind pre- and postnatal yoga, empowering you to craft authentic, personalized classes that meet each student's unique needs. We're thrilled to have you with us as you develop the skills to make a lasting impact on the well-being of your future students.

To register for the training, please follow the steps below. This registration package includes the Registration Form, Financial Agreement, and General Terms and Conditions.

Steps to complete your registration:

1. Print this registration package.
2. Complete the **Registration Form**.
3. Complete and sign the **Financial Agreement**.
4. Read and sign the **General Terms and Conditions**.

Please ensure all parts (steps 2, 3, and 4) are fully completed and signed where required. Incomplete forms may delay confirmation of your registration.

5. Submit your completed registration package via email to trainings@yagoy.nl. You can either take clear, legible pictures or scan the documents.
6. Once we receive your completed package, you will receive a confirmation of registration within 7 days via email. **Registration forms can only be sent in by email.**
7. To secure your spot, please transfer the deposit (see Financial Agreement) within 7 days after receiving confirmation from us. Your registration is finalized, and your spot in the training is guaranteed only once the deposit is paid. Please inform us by email once your payment is made.
8. A final confirmation and welcome email with training details will be sent to you no later than 2 weeks before the start of the training.
9. As you prepare for this journey, we encourage you to practice Yoga 2-3 times per week leading up to the training to build a strong foundation.

Stay Happy, and we can't wait to embark on this journey together!

Registration Form

Yagoy | Prenatal Teacher Training April 2025

Personal Details

First Name:

Last Name:

Address:

Postcode & City:

Telephone:

E-mail address:

Date of Birth:

Gender / Pronouns:

Emergency Contact name:

Emergency Tel No:

Yoga Experience

How long have you been practicing Yoga and in which tradition/style?

Tell us some more about your current Yoga practice? (number of classes per week, home practice, etc.)

Is this your first Yoga Teacher Training, or have you completed another Yoga TT before?

Do you have any experience with teaching Yoga? Yes No

If yes, how long have you been teaching and in which tradition/style?

Expectations & Intention

Do you have specific expectations from this training?

What do you intend to learn or work on, on a personal level?

Physical Health & Conditions

Are there any major illnesses, surgeries, injuries, or physical conditions from the past or present we should know about? It is best for you and for training leads to know about your condition prior to the training, so that we can anticipate the possible effects over the course of the training.

Emotional Health

We invite you to share with us about your emotional and mental health (previous or current therapy, type, length of time, etc.). We endeavor to offer a safer space for all in this training, and will hold any information shared in the strictest of confidence.

Do you receive medical treatment or use any medication?

General

How do you know about Yagoy and this Prenatal Yoga Teacher Training?

What does Yoga mean to you? (the first thing that comes to your mind?)

Why are you interested in this Prenatal Yoga Teacher Training?

Is there anything else you would like to share with us?

(Please sign this form here below)

Place

Date

Signature

FINANCIAL AGREEMENT

Please select the payment rate of your choice below.

The course fee includes the course manual as leading content of the training. The further required reading is not included in the course fee.

- **Early Bird Rate** (limited to 5 participants)
€875, to be paid in full by 5 January 2025.
A deposit of €200 is required within 7 days of acceptance. The remaining €675 must be paid by 5 January 2025.
- **Regular Rate**
€975, to be paid in full by 15 March 2025.
A deposit of €200 is required within 7 days of acceptance. The remaining €775 must be paid by 15 March 2025.

Payment Information

Please transfer your payments to the following account:

- **Bank Name:** Yagoy
- **IBAN:** NL18BUNQ2035352681
- **BIC:** BUNQNL2AXXX
- **Reference:** Your name + Prenatal TT + Deposit/Full Payment

I have read and understood the Financial Agreement and agree to the terms.

(Please sign this form here below)

Place

Date

Signature

General Terms and Conditions | Yagoy Teacher Trainings

Terms and Conditions for Yagoy's 85-Hour Prenatal Yoga Teacher Training

1. Definitions

1.1 *Registration Form*: The form provided by Yagoy that must be completed and signed by the participant prior to the yoga teacher training.

1.2 *Conditions*: These terms and conditions apply to the Yagoy Prenatal Yoga Teacher Training and are available on the Yagoy website (www.yagoy.nl) and in the registration package. By signing the registration form, the participant agrees to these Conditions.

1.3 *Yagoy*: Yagoy is located at Postjesweg 106-I, 1057 EG Amsterdam, registered under trade number 691.02.392.

1.4 *Deposit*: The initial payment made by the participant to secure their spot in the training.

1.5 *Financial Agreement*: The agreement between Yagoy and the participant detailing payment options and terms for the training.

1.6 *Student*: The individual enrolling in or attending the Yagoy Prenatal Yoga Teacher Training.

1.7 *Teacher*: The yoga instructor contracted by Yagoy to teach during the training.

1.8 *Tuition*: The course fee, as outlined on the Registration Form, that the student must pay for the training.

1.9 *Training*: The 85-hour intensive training offered by Yagoy to prepare participants to become certified prenatal yoga teachers.

1.10 *Yoga Alliance*: Yagoy is a Registered Yoga School with Yoga Alliance. More details can be found at yogaalliance.org.

1.11 *Website*: The official Yagoy website: www.yagoy.nl.

2. Applicability

2.1 These Conditions apply exclusively to participation in the Prenatal Yoga Teacher Training. By registering, the student agrees to these terms.

2.2 Yagoy may update these Conditions periodically. The most current version will be available on the Yagoy website, and any changes will be communicated via email.

3. Participation and Attendance

3.1 Students may participate in the training only after completing and signing the Registration Form and receiving confirmation of acceptance from Yagoy.

3.2 Full attendance is mandatory. Students must be present for the entire training. Missing any part of the training will require the student to make up the missed hours at an additional cost of €50 per hour, arranged directly with the lead trainers.

3.3 Completion of training hours alone does not guarantee certification. Certification is dependent on successfully passing both written and practical assessments, as well as completing homework and evaluations.

3.4 Missed or failed exams can be retaken once at no additional cost. Subsequent retakes are subject to a fee of €200 per exam.

3.5 Upon successful completion, students can submit their Yagoy 85-hour certification to Yoga Alliance to receive the RPYT designation.

4. Payment and Prices

4.1 The tuition fee for the training is listed on the Registration Form.

4.2 Payment methods and plans are outlined in the Financial Agreement.

4.3 If a payment deadline is missed, participation in upcoming training sessions may be withheld until payment is made.

5. Cancellation

5.1 A deposit is required to secure the student's spot in the training. After confirmation of acceptance, the student has 14 days to withdraw and receive a full refund of the deposit. After this period, the deposit is non-refundable.

5.2 Students may cancel their registration up to one month before the start date and receive a refund of all payments made, minus the deposit.

- 5.3 Early bird payments are non-refundable under any circumstances.
- 5.4 If a student cancels within one month of the start date, no refund will be issued, and the full tuition will be charged.
- 5.5 Yagoy reserves the right to cancel the training due to insufficient enrollment or other unforeseen circumstances. In such cases, all fees paid will be refunded within 10 business days.

6. Health

- 6.1 The training program is physically, mentally, and emotionally demanding. By registering, the student confirms they are in good health and capable of participating fully in the program.
- 6.2 Yagoy discourages participation in the training during pregnancy. If a student withdraws due to pregnancy, no refunds will be issued.
- 6.3 Students are responsible for their own health and well-being during the training.

7. Code of Conduct

- 7.1 Students must adhere to Yagoy's Code of Conduct at all times, including:
- Attending class clean and wearing comfortable, clean clothing.
 - Avoiding the use of perfumes or strong scents.
 - Respecting the physical and personal boundaries of fellow students and teachers.
 - Maintaining a quiet and peaceful environment in the studio.
- 7.2 Yagoy reserves the right to remove any student from the training if their behavior compromises the group learning environment or violates Yoga Alliance's ethical guidelines.

8. Liability

- 8.1 Yagoy is not liable for any injury, loss, or damage incurred during participation in the training.
- 8.2 By participating in the training, the student acknowledges and accepts the inherent risks of physical injury.
- 8.3 Yagoy provides qualified yoga instructors and high-quality instruction, but the responsibility for safe practice lies with the student.

9. Copyright

- 9.1 All Yagoy training materials, including the course manual, are protected by copyright. Reproduction of these materials without permission is prohibited and may result in legal action.

10. Personal Data

- 10.1 Yagoy collects personal data for administrative purposes and complies with applicable data protection laws.
- 10.2 Students may opt out of receiving communications from Yagoy by emailing info@yagoy.nl.
- 10.3 Yagoy will not share personal data with third parties without prior written consent.

11. Applicable Law and Dispute Resolution

- 11.1 These Conditions are governed by Dutch law.
- 11.2 In case of a complaint, students should contact Yagoy by email at trainings@yagoy.nl. If the issue cannot be resolved, a certified mediation organization may be involved, and their decision will be binding.

I have read and understood the Terms and Conditions and agree to the terms.

(Please sign this form here below)

Place

Date

Signature